# Engineering greater human resilience

## Strengthening... Biological immune systems Critical thinking skills Emotional intelligence A sense of human solidarity A spirit of inner mastery Human resilience

...to be more resistant to Biological infection

Deception and fake news

Bursts of anger or despair.\*

Tribalism and partisanship

Consumerist pressures

Distortion and corruption

### But asking in each case, beforehand:

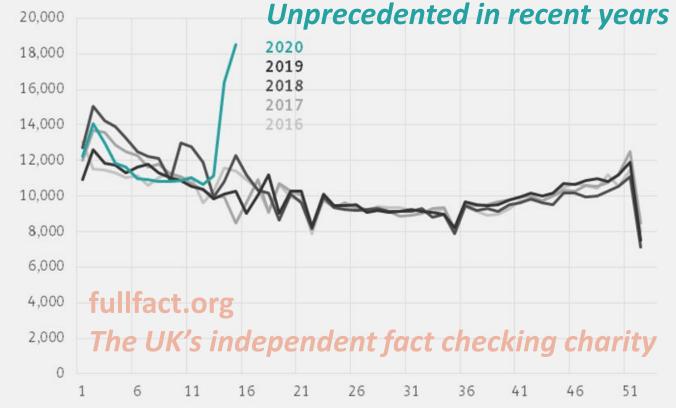
Which interventions to apply at the individual level and which at a societal level? What unintended drawbacks might arise from the envisioned greater resilience?

#### Claim:

There were fewer deaths recorded in the first 15 weeks of 2020 than in the first 15 weeks of 2018.

## Weekly deaths by year

Weekly deaths registered in England and Wales 2016-2020



Date of graph creation: 24 April 2020

Source: Office for National Statistics, deaths registered in England and Wales, provisional

#### Coronavirus

fullfact.org/online/ons-2020-covid-death-totals



- Out of context
- Lack perspective
- Single datum

#### **Conclusion:**

Correct

*− but...* 

Covid-19: What's the worst that could happen? Economic depression worse than 1930s? Population ravaged: 100s of millions dead? Political leaders take actions to deflect blame? 1914: Sarajevo... 2020: Iran, North Korea...? How to reduce risks of human fragility? https://pixabay.com/photos/armageddon-disaster-destruction-war-2721568/

### In a world of ever-greater connectivity and weaponry

Physical vulnerability

Flaws in our reasoning



Distortions in our values

Tribalism and partisanship

Emotional vulnerability

- 1. Re-engineer individual humans and/or human society?
- 2. Strengthen resilience without losing our essential humanity?
  - 3. Priorities? Most practical? Most urgent? Least risky?